



Covid-19 Guidelines

The current situation that we find ourselves in is unprecedented and rapidly changing. Please be re-assured that the health and safety of our children and staff is our top priority. There will be many changes including safety protocols and health practices which will be implemented to ensure the safest environment possible. These protocols and practices were created using the most up to date information from Alameda County Public Health Department (ACPHD) and current regulations required by Community Care Licensing Division (CCLD). We remain in constant communication with these two agencies to stay current as new policies evolve. We will be flexible in making changes and expanding as we are given more guidelines.

Groups:

Our capacity will be 5 groups of children at our High Street campus and 2 groups at the Cottage. The number of children is determined by ACPHD and CCLD. To maintain stable groups, we will only be able to provide care for full time children that are 100% potty trained. Siblings will be together in the same group. The groups will not mix beyond their social bubble. This will ensure the highest level of safety for both the children and staff. Prior to the first day of school, parents are asked to prepare their child on the new practices and procedures that will be happening at Rising Star.

Hours of Operation

Our hours of operation will be 8:30 AM to 4:30 PM or 8:45 AM to 4:45 PM to maintain consistent staffing.

Drop-off Procedure:

- There will be designated routes for the children to enter/exit the building depending on your child's classroom. Map of entrances and exit will be emailed to each individual class. Please review prior to know where to drop off/pick up your child.
- If your child is crying or upset, please console them outside until they are ready to enter. Parents/guardians will not be allowed inside the building.
- Parents/guardians must abide by social distancing guidelines by maintaining a six feet distance from one another and wearing masks.
- Use hand sanitizer before signing in and out.
- Bring your own pen to sign in and out.
- Children will wash hands immediately after entering.

We will be conducting wellness checks of all children and staff upon arrival. Children will have their temperatures taken with a no-touch thermometer. Any child with a temperature over 100.4 degrees will not be permitted to stay. We also will be screening for other symptoms such as coughing, breathing issues, muscle pain, headache, sore throat, and lethargic behaviors.

Pick-up Procedure:

- Please call us 15 minutes before your arrival so we can start preparing your child. Once a routine is established, calls will no longer be needed.
- Your child will be brought to the entry/exit point with all of his/her belongings.
- Children will have their temperature taken upon departure.

Personal Items:

- Only jackets, hats, water bottles and lunch boxes will be permitted. All items must be taken home for parents to sanitize every day.
- A full set of clothes (remember underwear) including shoes must be brought in a labeled Ziploc bag. They will be kept at Rising Star.
- Nap rolls will be stored in individual bags and sent home each week to be washed.

Distancing Strategies:

- Outdoor periods will be increased and playground times will be staggered. Playground equipment will be disinfected between groups. Teachers will be trying their best to maintain as much social distance as possible and making sure the children are doing so as well.

Snack, Meal and Nap Time Procedures:

- Children will be separated as much as possible during snack and lunch times.
- Children will be required to bring their own snacks and lunches. Staff will wear gloves while assisting children at eating times.
- During nap time, mats will be spaced 3 feet apart and be arranged alternating head to toe.

Face masks:

- Staff are required to wear face masks or shields at all times.
- Parents are required to wear face masks during drop-off and pick-up.
- Best practice is for children to wear masks. Please prepare them that it is for the health and safety of their friends, family, and staff.

Cleaning and Disinfection Policies:

In addition to our daily janitorial services, our staff is working very hard to ensure a safe and sanitary environment for the children. They are trained in ways to reduce the spread of infectious disease, as well as the safe use and application of effective sanitizers and disinfectants.

- Staff will be cleaning and sanitizing classroom items and commonly touched surfaces throughout the day.
- Oxivir and bleach solution, both EPA approved will be used.
- Classrooms will be ventilated at all times.
- Bathroom facilities will be designated by group. Disinfecting will happen after each use and many times throughout the day. Children will be given instructions on toilet flushing and turning water on/off to minimize the surfaces touched in the restroom.
- Montessori materials will be limited to items which are easily sanitized. Each child will be provided with personal materials, such as art and craft supplies which will not be shared.

What happens if a child show signs of illness?

- Parent/Guardian will be called to pick up the child immediately. Be sure you have an emergency pick-up person who is available at any time.
- We will have a designated area for children while they wait to be picked up.

What happens if children or staff shows symptoms of Covid-19 or have been exposed to someone in their personal bubble who has tested positive?

- The child or staff's doctor will need to be contacted for advice and next steps.
- Notify Rising Star immediately.
- If isolation or quarantine is advised, ACPHD will be contacted to give us guidance on how to proceed. Exposure email will be sent to families within the group to communicate our findings.
- If instructed by ACPHD, we may be required to shut down the group bubble for 14 days.

Resources:

- ACPHD, COVID-19 Health Officer Order for [Isolation and Quarantine](#)
- [Site Specific Protection Plan](#) (SSP)
- [Childcare Program Guidelines](#)
- CDC- [What to do if you are sick](#)